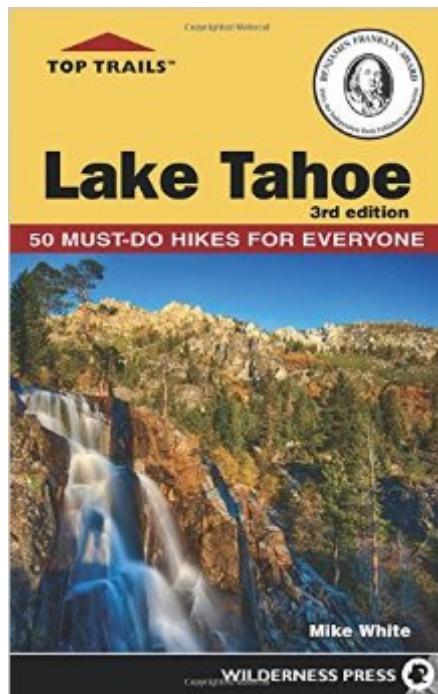


The book was found

Top Trails: Lake Tahoe: Must-Do Hikes For Everyone



Synopsis

Top Trails: Lake Tahoe explores the best trails for hiking and biking in the Tahoe area. The guide features the best hikes including the north side's splendid back-country, the lake's sedate western side, the picturesque and popular areas south of the lake, including Desolation Wilderness, and D. L. Bliss and Emerald Bay state parks and the relatively undeveloped eastern side. Several hikes follow sections of the Tahoe Rim Trail and Pacific Crest Trail. Veteran author Mike White has selected the 50 best trips in the area, ranging in length from a mile-long stroll through a lush, lodgepole-lined meadow to a 20-mile trek on the Tahoe Rim Trail with excellent lake views. Among other significant updates, the third edition includes the new Rim to Reno Trail, newly constructed by volunteers in the Tahoe Rim Trail Association.

Book Information

Series: Top Trails

Paperback: 384 pages

Publisher: Wilderness Press; 3rd ed. edition (July 28, 2015)

Language: English

ISBN-10: 0899977774

ISBN-13: 978-0899977775

Product Dimensions: 5 x 0.9 x 7.9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars (See all reviews) (2 customer reviews)

Best Sellers Rank: #232,027 in Books (See Top 100 in Books) #104 in Books > Health, Fitness & Dieting > Exercise & Fitness > Walking #379 in Books > Travel > United States > West > Mountain #441 in Books > Health, Fitness & Dieting > Exercise & Fitness > Running & Jogging

Customer Reviews

When the Top Trails series first came out, it quickly garnered attention among outdoor enthusiasts. Hiking, biking and jogging routes were all described in a book that featured a unique organization making it easy to quickly locate a trail in an area that met your needs. In addition to the organization, the books were supposed to include only the best "must do" hikes in a region. For the most part, this third edition of Top Trails, Tahoe, keeps these literary traditions alive. Trail summaries, divided by Tahoe region, with an extensive icon key makes finding hikes easy, and these are some great hikes. And yet,...I have the same reservations about this book that I did about earlier editions, and indeed often have about Mike White books. These are not "must do" hikes for everyone. Indeed,

many of the routes are so challenging that they can best be described as must do hikes for uber athletes. Hikes over 10 miles abound in this book, including 19 mile plus routes that feature many thousand feet of elevation gain. I'm am in reasonably good shape, and have been utterly exhausted following some of the trails described here, and I will freely admit right now that I've not tried the hardest hikes in the book. Using the longest possible hikes described within these pages, hikers will have an average hike of 9 + miles, while sticking with the shortest possible routes (not always an option if you don't have an all wheel drive high clearance vehicle) you are still looking at hikes of well over 8 miles. And indeed, the only reason the mean is so low is because White includes several short nature walks in state parks and near National Forest visitor centers. The median distance is higher.

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